

QUESTIONS TO ASK YOUR DOCTOR: TALKING ABOUT A HEALTH PROBLEM



My Questions for This Visit:

List the top 3 questions you want to be sure to ask during your appointment.

1. _____

2. _____

3. _____

Sample Questions:

- What is my diagnosis?
- Will I need any more tests?
- What are my treatment options?
- How soon do I need to make a decision about treatment?
- How much does this treatment cost?
- Are there any side effects?
- What happens if I choose to not have treatment?
- What is the outlook for my future (prognosis)?
- Will I need special help at home?

Source: Questions To Ask Your Doctor: Questions Are the Answer. September 2012. Agency for Healthcare Research and Quality, Rockville, MD. <http://www.ahrq.gov/patients-consumers/patient-involvement/ask-your-doctor/index.html>

QUESTIONS TO ASK YOUR DOCTOR: TO GET OR CHANGE A MEDICINE



My Questions for This Visit:

List the top 3 questions you want to be sure to ask during your appointment.

1. _____

2. _____

3. _____

Sample Questions:

- What is the name of the medicine?
- What is the medicine for?
- Can I take a generic?
- When should I take it?
- How much should I take?
- How long do I need to take the medicine?
- Are there side effects?
- Do I need to avoid any food, drinks, or activities?
- What should I do if I forget to take my medicine?
- What should I do if I accidentally take more than the recommended dose?
- Should I get a refill?
- Should I stop taking any of my other medicines or vitamins?
- Is there written information I can have?

Source: Questions To Ask Your Doctor: Questions Are the Answer. September 2012. Agency for Healthcare Research and Quality, Rockville, MD. <http://www.ahrq.gov/patients-consumers/patient-involvement/ask-your-doctor/index.html>

QUESTIONS TO ASK YOUR DOCTOR: TO GET MEDICAL TESTS



My Questions for This Visit:

List the top 3 questions you want to be sure to ask during your appointment.

1. _____

2. _____

3. _____

Sample Questions:

- What is the test for?
- How is the test done?
- How accurate is the test?
- Is this test the only way to find out that information?
- What do I need to do to prepare for the test?
- When will I get the results?
- What will the results tell me?
- What's the next step after the test?

Source: Questions To Ask Your Doctor: Questions Are the Answer. September 2012. Agency for Healthcare Research and Quality, Rockville, MD. <http://www.ahrq.gov/patients-consumers/patient-involvement/ask-your-doctor/index.html>

QUESTIONS TO ASK YOUR DOCTOR: TO TALK ABOUT SURGERY



My Questions for This Visit:

List the top 3 questions you want to be sure to ask during your appointment.

1. _____

2. _____

3. _____

Sample Questions:

Why do I need surgery?

Is there some other way to treat my condition?

What kind of surgery do I need?

Have you done this surgery before?

Which hospital is best for this surgery?

Will I need anesthesia?

How long will it take me to recover?

How long will I be in the hospital?

What will happen after the surgery?

What will happen if I wait or don't have this surgery?

Source: Questions To Ask Your Doctor: Questions Are the Answer. September 2012. Agency for Healthcare Research and Quality, Rockville, MD. <http://www.ahrq.gov/patients-consumers/patient-involvement/ask-your-doctor/index.html>

